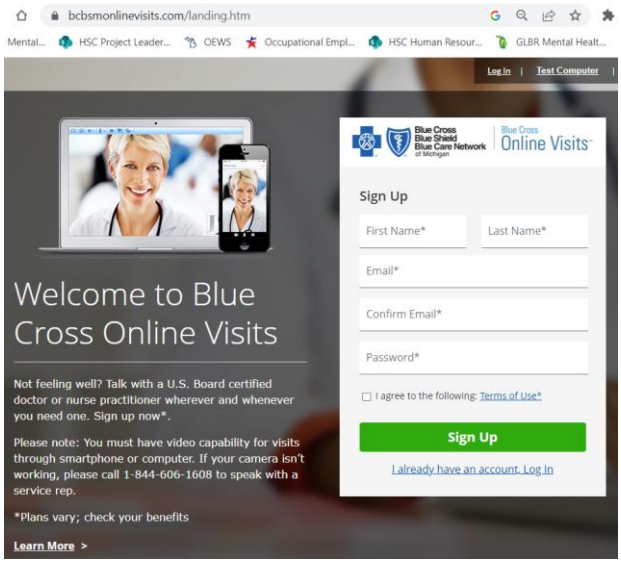
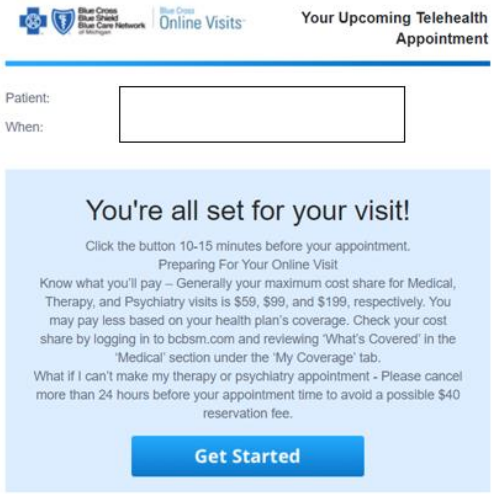
BCBSM Online Visits (Therapy/Counseling)

1. Sign up for an account at https://bcbsmonlinevisits.com or download the app, BCBSM Online Visits App. It is recommended that ***use your personal email***, not your HSC email so that the appointment confirmation link is on a device you can access anywhere.



2. Select Therapy (counselor) or Psychiatry (doctor).

3. Schedule an appointment and watch for an email confirmation.
   - Appointments are free until December 31, 2022; *however, you will be asked for a method of payment during signup to cover cancellation fees*. The $40 cancellation fee will only be charged if you cancel the appointment without 24-hour notice. You can use your HSA debit card or other card for payment.

4. Click on the Get Started link 10-15 minutes before your appointment time. Cost share shown on the confirmation link may apply to appointments after December 31, 2022.